



PROGRAM
Afib.no annual meeting



September 30 – October 1, 2021

SEPTEMBER 30

12.00 WELCOME

Ingrid E. Christophersen, MD, PhD & Arnljot Tveit, MD, DMSc
Bærum Hospital, Vestre Viken Hospital Trust & Oslo University Hospital, Norway

NEXAF – The Norwegian Exercise and Atrial Fibrillation Initiative

12.15 Introduction to NEXAF

Marius Myrstad, MD, PhD, Bærum Hospital, Vestre Viken Hospital Trust, Norway

12.25 The Norwegian Exercise and Atrial Fibrillation Trial

Bjarne Martens Nes, PhD, the Cardiac Exercise Research Group (CERG), Norwegian University of Science and Technology (NTNU), Trondheim, Norway

12.40 Effects of Detraining in Endurance Athletes with Atrial Fibrillation (The NEXAF Detraining study)

Marius Myrstad, MD, PhD, Bærum Hospital, Vestre Viken Hospital Trust, Norway

13.55 Physical activity, atrial fibrillation and prevention of adverse events

Bente Morseth, PhD, Professor, School of Sport Sciences, UiT The Arctic University of Norway, Norway

13.15 15 minutes break

UPDATES FROM AF-SCREENING STUDIES – VOL 1

13.30 LOOP Study – a deeper look into the main results

Jesper Hastrup Svendsen, MD, DMSc, PI of the LOOP study, Copenhagen University Hospital, Rigshospitalet, Denmark

13.50 10 minutes break

ABSTRACT SESSION

14.00 Oral anticoagulation in atrial fibrillation patients at intermediate risk of stroke: a nationwide registry-based cohort (Atrial Fibrillation in Norway - AFNOR) Mariam Anjum

14.10 Prevalence and incidence rates of atrial fibrillation in Denmark 2004-2018 – methodological considerations Inger Ariksen

14.20 Diagnostic accuracy and usability of the ECG247 Smart Heart Sensor compared to conventional Holter technology Edvard Sandberg

14.30 Associations between physical activity, left atrial size, and incident atrial fibrillation: The Tromsø Study 1994-2016 Kim Arne Heitmann

14.40 Increased fibroblast accumulation in the equine heart following persistent atrial fibrillation Arnela Saljic

14.50 10 minutes break

UPDATES FROM AF-SCREENING STUDIES – VOL 2

15.00 STROKESTOP

Johan Engdahl, MD, PhD, Associate Professor, Karolinska Institutet, Cardiovascular division, Department of Clinical Sciences, Danderyd Hospital, Stockholm, Sweden

15.30 Characterization of atrial fibrillation in the LOOP Study

Søren Diederichsen, MD, PhD, Copenhagen University Hospital, Rigshospitalet, Denmark

15:45 Cardiac MRI markers and future atrial fibrillation in the LOOP study

Litten Bertelsen, MD, PhD, Copenhagen University Hospital, Rigshospitalet, Denmark

16.00 END OF SCIENTIFIC PROGRAM – WRAP-UP DAY 1



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OCTOBER 1

09.00 EARLY-CAREER SESSION - COMBINING A CLINICAL AND ACADEMIC CAREER

Maja-Lisa Løchen, MD, PhD, Professor, the Department of Community Medicine, Faculty of Health Sciences, University of Tromsø - The Arctic University of Norway & Attending cardiologist, the Cardiology Department, University Hospital of Northern Norway.

Jan Pål Loennechen, MD, PhD, Attending cardiologist and electrophysiologist, the Cardiology Clinic, St. Olav's Hospital & Associate Professor, the Department of circulation and medical imaging, Norwegian University of Science and Technology (NTNU). Member of the Cardiac Exercise Research Group (CERG) at NTNU.

10.00 15 minutes break

GETTING TO KNOW NEW FRIENDS IN AFIB.NO

10.15 Atrial fibrillation models in pigs

Thomas Jespersen, MSc, PhD, Professor, Cardiac Physiology Laboratory, Copenhagen University, Denmark

10.45 Understanding the role of remodelling in atrial arrhythmia - can basic and translational science close the gap to improve outcomes?

Gwilym Morris, MD, PhD, Department of Cardiac Electrophysiology, School of Medicine, University of Manchester & Department of Cardiology, Central Manchester Foundation Trust, U.K.

11.15 10 minutes break

11.25 Lifelong endurance sports and cardiovascular effects – evidence from the Pro@Heart and Master @Heart studies

Guido Claessen, MD, PhD, Sports Cardiologist, Department of Cardiovascular Diseases, UZ Leuven & Assistant Professor, KU Leuven, Belgium

11.55 Closing remarks

12.00 END OF PROGRAM