



Program
AFIB.NO ANNUAL MEETING 2026
September 24-25



Thursday, September 24

11.00 LUNCH - at the restaurant in the main building

12.15 WELCOME

Ingrid E. Christophersen, Marius Myrstad & Trygve Berge
Bærum Hospital, Vestre Viken Hospital Trust, Gjøttum, Norway

Late-breaking AF trials from the network

Chairs: Mariam Anjum & Marius Myrstad

12.30 The NORSCREEN study

Sigrun Halvorsen, Oslo University Hospital, Ullevål /University of Oslo, Norway

12.40 Discussant

Jesper Hastrup Svendsen, University of Copenhagen / Rigshospitalet, Copenhagen, Denmark

12.55 NEXAF trial

TBA , CERG, NTNU, Trondheim, Norway

13.05 Discussant

Adrian Elliott, University of Adelaide and South Australian Health & Medical Research Institute, Royal Adelaide Hospital Australia

13.20 DECISION trial

Michiel Rienstra, University Medical Center Groningen, University of Groningen, Groningen, The Netherlands

13.30 Discussant

Trygve Berge, Bærum Hospital, Vestre Viken Hospital Trust, Gjøttum, Norway

13.45 20 minutes break - Refreshments in the lounge

Speaker's corner - updates from the UK

Chairs: Aasima B. Khan & Arnljot Tveit

14.05 Clinical management of 1164 screening positive individuals in the SAFER trial

Jonathan Mant, University of Cambridge, Cambridge, UK

14.20 Donor human hearts as an arrhythmia research platform: linking function, mechanism & translation

Alicia D'Souza, Imperial College London, London, UK

14.35 25 minutes break

Abstract session

Chairs: Alicia D'Souza & André La Gerche

15.00 Identification of new atrial fibrillation phenotypes from insertable cardiac monitor recordings using unsupervised machine learning.

Erlend Flo Lenz, MD

15.10 Cerebral hemodynamics in individuals with atrial fibrillation. Data from the ACE 1950 study cohort.

Ingvild Nakstad, Bærum Hospital, Vestre Viken Hospital Trust, Gjøttum, Norway

- 15.20 Atrial fibrillation burden according to genetic risk: A secondary analysis of the randomized LOOP study**
Jonas Alexander Baadsgaard, Copenhagen University Hospital – Rigshospitalet, Denmark
- 15.30 Yield of cardiomyopathy genetic testing in healthy endurance athletes and athletes with atrial fibrillation**
Amy Mitchell, Heart, Exercise and Research Trials (HEART) laboratory, St. Vincent’s Institute of Medical Research, Melbourne, Australia, Department of Medicine, The University of Melbourne, Parkville, Australia
- 15.40 Sex differences in OAC initiation for patients with incident atrial fibrillation: The Norwegian AFNOR study.**
Elisabeth Kvalvaag, Norwegian Institute of Public Health (NIPH), Oslo, Norway
- 15.50 TBA**
- 16.00** 20 minutes break - Refreshments in the lounge

Animal farm - Biological models to understand AF

Chairs: Bianca Brundel & Jon Magne Letnes

- 16.20 Why athletes develop AF: New insights from pulmonary vein remodeling**
Luca Soattin, University of Copenhagen, Denmark
- 16.35 AF across species: Lessons from large animals**
Sarah Dalgas Nissen, University of Copenhagen, Denmark
- 16.50 Investigating AF-induced tissue remodeling in live animal models**
Simon Libak Haugaard, University of Copenhagen, Denmark
- 17.05 Investigating the Norwegian-Swedish Coldblooded Trotter – the equine athlete that seems peculiarly resistant to AF**
Airina Kallmyr-Mack, Norwegian University of Life Sciences, Norway

17.20 End of scientific program – wrap-up day 1

- 19.15** APERITIF - in the main building
- 19.45** DINNER, DESSERT & MINGLE – and abstract awards!



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Friday, September 25

07.00 – 09.00 BREAKFAST - at the restaurant in the main building

Early-career session: Research Exchange

09.00 Chair: Ida G. Lund

Panel: Jon Magne Letnes, Marte Walle-Hansen, Ingrid Christophersen, André la Gerche

Presentation of Afib.no Exchange Matchmaker

10.00 20 minutes break - Refreshments in the lounge

AF from registry to bedside

Chairs: Ingrid E. Christophersen & Dan Atar

10.20 NORTRIALS - clinical trials in Norway

Peder Myhre, NorTrials Cardiovascular Centre, Norway

10.35 Real-world data on AF from nation-wide registries

Inger Ariansen, Norwegian Institute of Public Health, Norway

10.50 From population studies to clinical application – a precision medicine perspective

Kristian Hveem, HUNT Research Centre / HUNT Biobank, Norway

11.05 Panel debate

11.20 20 minutes break - Refreshments in the lounge

Diet, lifestyle and AF

Chairs: Melissa Middeldorp & Magnar G. Solberg

11.40 Diet and risk for AF and stroke

Tine M. Sundfør, Bærum Hospital, Vestre Viken Hospital Trust, Gjetsum, Norway

12.00 Losing weight to lose your AF

Adrian Elliott, University of Adelaide and South Australian Health & Medical Research Institute, Royal Adelaide Hospital Australia

12.20 Atrial cardiomyopathy and AF risk prediction in athletes

André La Gerche, Baker Heart and Diabetes Institute, Melbourne, Australia

12.40 End of scientific program – wrap-up day 2

12.45 LUNCH in the main building